

Sion Hands on Training (24 Hrs)
BPNI Maharashtra



1 Faculty: 8 Delegates/ dayone a week for 3 weeks...total 3 days/delegates

Day 1: Skills To be demonstrated by Faculty on Day 1	
Topics	Duration
Introduction and designation of delegates	030 Mins
Lactation OPD: To assess the skills: 0 – 6 Months : Chart Plotting & Breastfeeding Problems	120 Mins
4D-Immunization Clinic: 6 months – 2 Yrs Counselling to mothers Diet advice with growth chart plotting ()	
Visit to PNC Ward: Health talk 15 – 20 minutes Ward round to assess the skills: Breast Crawl To initiate breastfeeding in LSCS mothers Colostrum collection with syringe Attachment and nipple types Positions How to relieve Engorgement (Expression technique)	180 Mins
ANC session and discussion on maternal nutrition by	060 Mins
NICU visit: Health talk of 10 – 15 minutes and to assess: KMC Bag Expression technique Haberman Feeder	090 Mins
Day 2: Skills to be demonstrated by Delegates	
Lactation OPD & 4-D Clinic Counselling	120 Mins
PNC Round	180 Mins
ANC Counselling	090 Mins
NICU Counselling	090 Mins
Day 3:	
Data collection in Maternity Home	60 Mins
Assessments	
BFHI, 4_D Clinic, Baby Arrival Hall, Breast Crawl, NICU, KMC, Hirkani Room	180 Mins
Visit to Pediatric, Pediatric Surgery, Cardiac Surgery Wards for IYCN Counselling	60 Mins
Discussion of Home Visit cases 4 – 5 examples 1 to 3 examples from module chapter 3 (page 31) 4: Working mother 5: Lack of support at home	090 Mins
Doubts and incomplete work	60 Mins
Feedback	30 Mins